

**PATIENT KEEPS
THIS PAPERWORK**

COLONOSCOPY INSTRUCTIONS FOR HALFLYTELY PREP:

1. Get your prescription filled and do your pre-registration at the hospital on the first floor in admitting at least two days before your procedure date.
2. Beginning at noon on _____ you are to limit yourself to a clear liquid diet and start your prep. **DO NOT** eat any solid foods once you start your prep.
3. Tea, white grape juice, apple juice, clear chicken or beef broth, bouillon, Jell-O (no red or orange), ginger ale, coffee (black with sugar or sugar substitute, no milk, cream or coffee mate), carbonated beverages (cokes, 7-UP or diet drinks), yellow Gatorade are appropriate to drink.
4. Initially you may feel slightly bloated and nauseated, but become more comfortable as you continue to have bowel movements. It is important to finish the entire prep. Nausea, cramping and abdominal fullness are the most common reactions.
5. On day of prep hold the following medications: Calcium, Lisinopril, Potassium and potassium supplements. Resume these medications after the procedure. Also be sure to take only blood pressure medications on the morning of the procedure.

STEPS FOR USING THE HALFLYTELY PREP:

1. **TAKE 2 BISCODYL TABLETS.** The two tablets should be taken with water. Do not crush or chew.
2. **MIX SOLUTION.** Add lukewarm drinking water to top of the line on bottle. Cap bottle and shake to dissolve powder.
3. **WAIT FOR A BOWEL MOVEMENT.** After a bowel movement occurs (usually in 1 to 6 hours), begin to drink the solution. Even if no bowel movement occurs after 6 hours, begin to drink the solution.
4. **DRINK ALL OF THE SOLUTION.** Drink 1 (8 oz.) glass every 10 minutes (about 8 glasses). Drink each glass quickly rather than drinking small amounts continuously. Be sure to drink **ALL** of the solution.

Please make sure not to eat or drink anything after midnight or morning prior to the procedure. You may take morning medicines with only a sip of water. If these rules are broken, then your procedure may have to be rescheduled or cancelled. If you have any questions please call 354-2555.

Thank you,



William A. Ball, Jr., M. D., F. A. C. S.

Procedure date and time _____

Time to be at hospital for procedure _____

*Report to second floor day surgery on morning of procedure.