

**MOVIPREP (EVENING ONLY)  
INSTRUCTIONS FOR COLONOSCOPY**

**PICK UP YOUR MOVIPREP KIT AND 4 DULCOLAX (BISACODYL) TABLETS AT YOUR LOCAL PHARMACY.**

**DAY BEFORE THE EXAM:**

The morning before the exam, begin a clear liquid diet. You will be on this diet the entire day. Examples of clear liquids include water, tea, white grape juice, ginger ale, apple juice, yellow Gatorade, jello (no red or orange), coffee (black with sugar or substitute, no milk, no cream, no coffeemate), carbonated beverages (cokes, 7-up or diet drinks), lemonade, bouillon, and clear chicken or beef broth. Ask your doctor if you have any questions about whether a particular drink is acceptable.

**NO RED OR PURPLE LIQUIDS PERMITTED. NO MILK OR MILK PRODUCTS.  
NO SOLID FOODS.**

Take 4 Dulcolax (bisacodyl) tablets at 12:00 pm.
Begin 1 <sup>st</sup> dose of MoviPrep at 5:00 pm (Steps 1 and 2 below)
Begin 2 <sup>nd</sup> dose of MoviPrep at 8:00 pm (Steps 1 and 2 below)

**PLEASE MAKE SURE NOT TO EAT OR DRINK AFTER MIDNIGHT PRIOR TO THE PROCEDURE OR THE MORNING OF THE PROCEDURE, INCLUDING COFFEE. YOU MAY TAKE MORNING MEDICINES WITH ONLY A SIP OF WATER. IF ANY OF THESE RULES ARE BROKEN, THEN YOUR PROCEDURE MAY HAVE TO BE RE-SCHEDULED OR CANCELLED. IF YOU HAVE ANY QUESTIONS CALL 354-2555.**

**THANK YOU**

**WILLIAM A. BALL, JR., M.D., F.A.C.S**

**PROCEDURE DATE AND**

**TIME** \_\_\_\_\_

**TIME TO BE AT HOSPITAL FOR**

**PROCEDURE** \_\_\_\_\_

**PT GIVEN**

**INFORMATION** \_\_\_\_\_